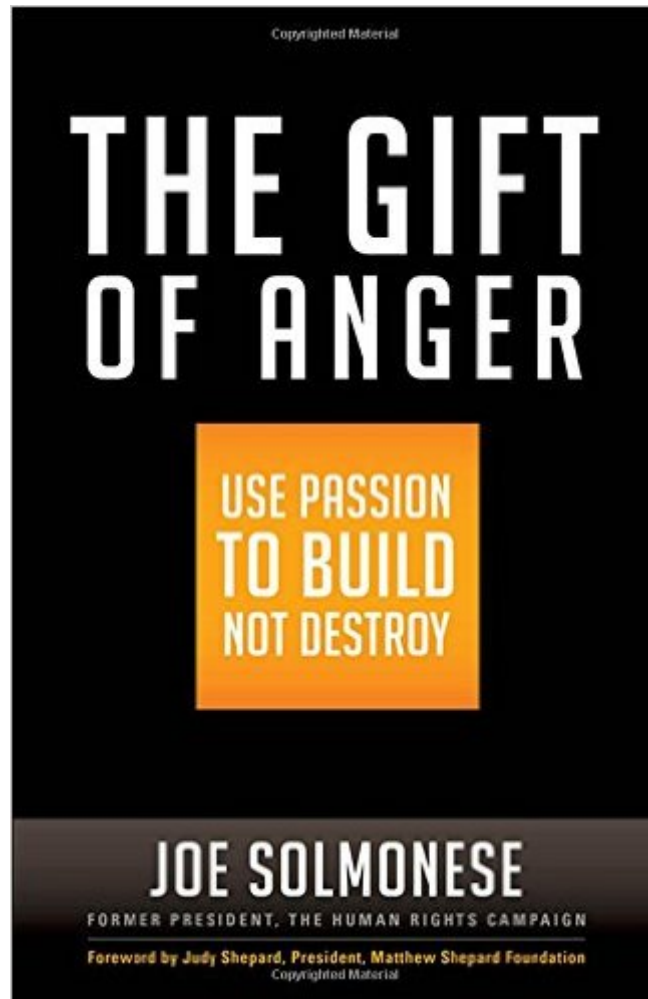


The book was found

The Gift Of Anger: Use Passion To Build Not Destroy



Synopsis

Under Joe Solmonese's leadership, the Human Rights Campaign became the model other organizations look toward to create effective social and political change. Against daunting odds, HRC was instrumental in passing landmark national legislation such as the Matthew Shepard and James Byrd, Jr., Hate Crimes Prevention Act; repealing "Don't Ask, Don't Tell"; and passing marriage equality acts in eight states. How did Solmonese and HRC do it? What Solmonese reveals in this book is that for him, the key to success was learning to harness his anger. Essentially it's just a form of energy. Channeled, it can keep you moving forward on a long journey. But uncontrolled, it can blow everything up. With this as his guiding principle, Solmonese uses stories from his work with HRC and his previous position as CEO of the powerful women's organization EMILY's List to share a series of often-surprising lessons. For example, empathize with your enemies instead of shaming them, find allies wherever you can, and ask for the doable, not the impossible (even when the impossible is your ultimate goal). Most striking in this book are the stories of Solmonese's ability to draw some kind of win "however small" from seeming adversaries. But at every step of the way he emphasizes the importance of managing the yin-yang tension of anger. Particularly when one is dealing with irrational and offensive attitudes, the temptation is ever present to give in to righteous indignation. While it's fine to feel it, Solmonese's advice is to always be strategic with your outrage.

Book Information

Hardcover: 208 pages

Publisher: Berrett-Koehler Publishers; 1 edition (September 12, 2016)

Language: English

ISBN-10: 1626565880

ISBN-13: 978-1626565883

Product Dimensions: 5.7 x 0.7 x 8.5 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #90,672 in Books (See Top 100 in Books) #3 in [Books > Gay & Lesbian > Nonfiction > Activism](#) #5 in [Books > Gay & Lesbian > Nonfiction > Civil Rights](#) #22 in [Books > Gay & Lesbian > Nonfiction > Philosophy](#)

Customer Reviews

A friend recommended this book, and I highly recommend it to anyone interested in improving their

ability to advocate for any issue -- whether it's as big as a global movement or as small as asking your boss for a raise. In the book, Joe Solmonese shares his lessons learned from 20+ years as a leader in the political and business worlds. Unlike other business books which I often find to be heavy on theory and frameworks, I particularly enjoyed the practical nature of the advice as well as the specific examples of Joe actually getting stuff done in Washington, which we all know is easier said than done. As just one example, Joe describes the strategies and tactics that were critical in the successful effort to end "Don't Ask Don't Tell." His ability to find common ground and channel anger to overcome differences are great lessons that I will be looking to apply right away to my business career and my everyday life.

[Download to continue reading...](#)

The Gift of Anger: Use Passion to Build Not Destroy Anger Experiences: Group Member Workbook (Anger Management) (Volume 1) The Anger Workbook for Teens: Activities to Help You Deal with Anger and Frustration Beyond Anger: A Guide for Men: How to Free Yourself from the Grip of Anger Spies of Mississippi: The True Story of the Spy Network that Tried to Destroy the Civil Rights Movement Sabotage: The Mission to Destroy Hitler's Atomic Bomb: Young Adult Edition 10 Powerful Habits to Become Unstoppable: And Develop a Strong Confidence to Finally Destroy Self-Doubt Forever The Crash of 2016: The Plot to Destroy America--and What We Can Do to Stop It Leverage: How Cheap Money Will Destroy the World The Unlimited Self: Destroy Limiting Beliefs, Uncover Inner Greatness, and Live the Good Life Find Your Passion: 6 Steps to Success in Finding your Passion for a Fulfilling Life Romans: Grace and Glory (The Passion Translation): The Passion Translation Passion For Life (Quest Passion for Life Series, V. 1) 104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills Top 50 Pokemon Colouring Book: Birthday, Gift, Red, Blue, Yellow, Gift, Ash, Gotta catch'em all, Pokedex, Birthday, present, Ash, Pocket monsters, Creature, games, animÃ©, cartoon, drawing Mom Coloring Book: I Love You Mom: Beautiful and Relaxing Coloring Book Gift for Mom, Grandma, and other Mothers - Perfect Mom Gift for Birthday, Mother's Day and Other Special Occasions Heavenly Visions: Shaker Gift Drawings And Gift Songs "Do Not Worry, Do Not Be Anxious, Do Not Be Afraid": A Self-Help Manual for People Who Worry a Lot and Suffer Anxiety and Fear Unjournaling: Daily Writing Exercises That Are Not Personal, Not Introspective, Not Boring! Crochet: Techniques and Projects to Build a Lifelong Passion For Beginners Up (Learn It! Love It!)

[Dmca](#)